

Message Notes

"Whack-a-Mole!"

Scripture Passages

(taken from the New International Version)

Introduction - *"Is God actually big enough to handle my secrets?"*

Where we've come so far:
Nine Particular Directions for Killing Sin

This week: Whack a Mole by Living a life of Repentance

How do I repent and receive God's Peace?
a study of Hebrews 12

Three Laws of Repentance

1. Throw off sin (Hebrews 12:1a)
2. Run with Perseverance (Hebrews 12:1b)
3. Fix your eyes on Jesus (Hebrews 12:2)

How do I live a life of repentance?

1. Consider Jesus (Hebrews 12:3)
2. Don't give up! (Hebrews 12:4-13)
3. Be absolutely diligent in your walk with God (Hebrews 12:14-17)
4. Realize WHO you are following! (Hebrews 12:18-24)
5. Worship God with "shock and awe" (Hebrews 12:25-29)

Application - *"Are you living a life of repentance?"*

Hebrews 12:1-29

¹Therefore, since we are surrounded by such a great cloud of witnesses, let us throw off everything that hinders and the sin that so easily entangles, and let us run with perseverance the race marked out for us. ²Let us fix our eyes on Jesus, the author and perfecter of our faith, who for the joy set before him endured the cross, scorning its shame, and sat down at the right hand of the throne of God. ³Consider him who endured such opposition from sinful men, so that you will not grow weary and lose heart.

⁴In your struggle against sin, you have not yet resisted to the point of shedding your blood. ⁵And you have forgotten that word of encouragement that addresses you as sons: "My son, do not make light of the Lord's discipline, and do not lose heart when he rebukes you, ⁶because the Lord disciplines those he loves, and he punishes everyone he accepts as a son." ⁷Endure hardship as discipline; God is treating you as sons. For what son is not disciplined by his father? ⁸If you are not disciplined (and everyone undergoes discipline), then you are illegitimate children and not true sons. ⁹Moreover, we have all had human fathers who disciplined us and we respected them for it. How much more should we submit to the Father of our spirits and live! ¹⁰Our fathers disciplined us for a little while as they thought best; but God disciplines us for our good, that we may share in his holiness. ¹¹No discipline seems pleasant at the time, but painful. Later on, however, it produces a harvest of righteousness and peace for those who have been trained by it. ¹²Therefore, strengthen your feeble arms and weak knees! ¹³"Make level paths for your feet," so that the lame may not be disabled, but rather healed.

¹⁴Make every effort to live in peace with all men and to be holy; without holiness no-one will see the Lord. ¹⁵See to it that no-one misses the grace of God and that no bitter root grows up to cause trouble and defile many. ¹⁶See that no one is sexually immoral, or is godless like Esau, who for a single meal sold his inheritance rights as the oldest son. ¹⁷Afterwards, as you know, when he wanted to inherit this blessing, he was rejected. He could bring about no change of mind, though he sought the blessing with tears.

¹⁸You have not come to a mountain that can be touched and that is burning with fire; to darkness, gloom and storm; ¹⁹to a trumpet blast or to such a voice speaking words that those who heard it begged that no further word be spoken to them, ²⁰because they could not bear what was commanded: "If even an animal touches the mountain, it must be stoned." ²¹The sight was so terrifying that Moses said, "I am trembling with fear."

²²But you have come to Mount Zion, to the heavenly Jerusalem, the city of the living God. You have come to thousands upon thousands of angels in joyful assembly, ²³to the church of the firstborn, whose names are written in heaven. You have come to God, the judge of all men, to the spirits of righteous men made perfect, ²⁴to Jesus the mediator of a new covenant, and to the sprinkled blood that speaks a better word than the blood of Abel.

²⁵See to it that you do not refuse him who speaks. If they did not escape when they refused him who warned them on earth, how much less will we, if we turn away from him who warns us from heaven? ²⁶At that time his voice shook the earth, but now he has promised, "Once more I will shake not only the earth but also the heavens." ²⁷The words "once more" indicate the removing of what can be shaken—that is, created things—so that what cannot be shaken may remain. ²⁸Therefore, since we are receiving a kingdom that cannot be shaken, let us be thankful, and so worship God acceptably with reverence and awe, ²⁹for our "God is a consuming fire."